



# From Lowry with Love

## Donate to the Troops 2



Nov 6-8, 2011-See [www.lowry.org](http://www.lowry.org)

**All food items must be prepackaged and from manufacturer. Individual sizes are best. No jumbo or family-sizes please. Look for items with long expiration dates. Please keep in mind that all food items must be in the manufacturer's original packaging.**

**Chocolate candy of all types are good due to colder weather**

**Food Items: snack or single servings, please**

Crackers (snack pack size), cheese spread (no aerosol cans!), peanut butter type

Energy Bars/Granola Bars/Cereal Bars

Nuts

Dried fruit items in packets

Candy-individually wrapped or bars

Jerky, Slim Jims, Trail Mix, Raisins

Gum

Pudding or fruit cups

**Microwavable foods:**

Mac & Cheese single servings

Soups (pop-top cans best)

Ramen Noodles, Instant Oatmeal

Chicken and Chicken Salad in pouches or pop top cans

Tuna and Tuna Salad in pouches

Popcorn

Dried soups, easy to make desserts/brownies etc.

Condiments such as ketchup, mustard, mayo, relish

**Powdered Drink Mixes:**

Crystal Light, Gatorade, Coffee (singles),

Tea bags, Sugar, Creamer

Kool-Aid, Propel powder, etc.

Instant Soups in pouches

**Miscellaneous**

Ziplock bags of all sizes

Hand/wet Wipes

Lotion for body or hands

Foot Powder

Toothpaste & toothbrushes

**Fun items**

Playing Cards

Disposable Cameras

DVD's,

Electronic/Battery hand held games,

Stationery/Envelopes/Pens, Greeting

Cards to send home

Puzzle Books/Word Find Books,

Batteries: AA, C, D, 9-Volt

Magazines (all kinds, current issues)

\*Cards or letters of thanks to the troops from donors.